

Trust Tier Framework

When to trust AI and when to verify

✘ Don't Rely On

High-stakes decisions requiring human judgment

Final judgment

Critical reasoning

Serious consequences

⚠ Use with Caution

Verify facts before acting. Use as starting point only.

Statistics

Citations

Legal details

Historical facts

🛡 Trust but Verify

AI is genuinely useful. Review output before acting.

Research synthesis

Strategic frameworks

Technical explanations

Code generation

✓ Trust Freely

Low cost of error, high efficiency gain. Safe to use.

Language transformation

Summarizing

Brainstorming

Outlines

Drafting

Explanations



Quick Reference Rules

✓ If a small error doesn't matter → Trust Freely

- ✓ If you need to review before acting → Trust but Verify
- ✓ If facts need verification → Use with Caution
- ✓ If consequences are serious → Don't Rely On AI
- ✓ When in doubt, start one tier lower

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